



IOA/ Olympic Solidarity/ VI-43/ 2020

21/6/2020

To  
**The Presidents/  
Secretaries General/ General Secretaries  
National Sports Federations  
Indian Olympic Association**

### **Call for Nominations – IOC Certificate in Mental Health**

Dear Colleagues,

The Indian Olympic Association (IOA) is calling for nominations of a senior member of the athlete entourage besides physicians/ licensed practitioners, for Olympic Solidarity Scholarship for the IOC Certificate in Mental Health. The certificate course is offered by distance learning on a part-time basis, running for a period of three months.

This course jointly organised by the Olympic Solidarity through Sports Medicine and Protection of Clean Athletes Programme (Training) and International Olympic Committee's Medical and Scientific Department offers Scholarship to a limited number of candidates endorsed by the National Olympic Committees. The details on module, faculty, curriculum and learning outcome are available on – <https://www.sportsoracle.com/Mental+Health/Program+Structure/> Interested candidates must directly apply for the course. Admission and scholarship are two separate processes.

The course focus on salient aspects of mental health. This course is aimed at members of the athlete entourage besides physicians/ licensed practitioners, including coaching and management staff. The course embraces a broadly-based curriculum delivered by an outstanding international faculty. This certificate course covers topics related to epidemiology of mental health symptoms and disorders in elite sport; general approaches to management of mental health symptoms and disorder in elite sport; major stressors and key environmental factors that influence athlete mental health; and special considerations in different population of athletes. Delivery of the course will involve a variety of teaching methods:

- Course will consist of lectures in electronic format, supported by directed private study.
- Lectures will consist of computer-based lectures by leading experts in the field, and will incorporate self-assessment where appropriate.
- Students are provided with a portfolio of reading material in electrical format.
- Students and lecturers will have access to an online discussion forum where interactive discussion on relevant topics take place. All students are encouraged to engage with this forum and to play active role in the discussions.

Upon successful completion of coursework and examination, students are awarded with the IOC Certificate in Mental Health.

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#### **INDIAN OLYMPIC ASSOCIATION**

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Timeline – September, 2020: Course begins  
November, 2020: Course ends

The scholarship by Olympic Solidarity is meant to specifically cover the registration fees for candidate/ student accepted in the course. All other costs will need to be covered by the candidate/ student. For availing scholarship, we request the National Sports Federations (NSF) to send nomination of a maximum of one senior member of the athlete entourage besides physicians/ licensed practitioners.

The criteria for eligible candidates:

- Hold **undergraduate degree from recognised university/ institution;**
- Have a good **understanding of English** (submit language proficiency score, if required);
- **Experience** of working with National Olympic Committee, national athletes/ teams; and
- Be able to **cover expenses not covered under OS Scholarship.**

The nomination of NSF for scholarship, CV of the candidate, and proof of applying for admission should be received at the IOA not later than 9 am on **21 July 2020**. The NOC/ IOA would propose one meritorious candidate for the course.

We look forward to prospective nominations for the advancement of sports medicine and athletes welfare in India.

Sincerely,



**Rajeev Mehta**  
Secretary General