

IOA/ Olympic Solidarity/ VI-43/ 2020

21/6/2020

To
The Presidents/
Secretaries General/ General Secretaries
Member National Sports Federations
Indian Olympic Association

## Call for Nominations – IOC Diploma in Mental Health in Elite Athlete

Dear Colleagues,

The Indian Olympic Association (IOA) is calling for nominations of a qualified sports psychologist for Olympic Solidarity Scholarship for the IOC Diploma course in Mental Health in Elite Athlete. The Diploma course is offered by distance learning on a part-time basis, running for a period of ten - twelve months.

This course jointly organised by the Olympic Solidarity through Sports Medicine and Protection of Clean Athletes Programme (Training) and International Olympic Committee's Medical and Scientific Department offers Scholarship to a limited number of candidates endorsed by the National Olympic Committees. The details on module, faculty, curriculum and learning outcome are available on — <a href="https://www.sportsoracle.com/Mental+Health/Program+content/">https://www.sportsoracle.com/Mental+Health/Program+content/</a> Interested candidates must directly register online for the course. Admission and scholarship are two separate processes.

This course is aimed at sports psychologists and licensed practitioners who are qualified to provide mental health services (e.g. clinical or counselling psychologists, licensed clinical social workers, etc.) Healthcare training varies geographically and by discipline, and the program will take into account the different background of those who enrol. Delivery of the course will involve a variety of teaching methods:

- Each part of the course will consist of lectures in electronic format, supported by directed private study, and will include formal assessment elements.
- Lectures will consist of computer-based lectures by leading experts in the field, and will incorporate self-assessment and interactive elements where appropriate.
- Lecture material will be supplemented by a programme of directed study, including review papers and original research publications.
- Students will be provided with a comprehensive portfolio of reading material in electronic format. Core program textbooks and a subscription to the British Journal of Sports Medicine will also be provided to all students as part of the registration fee.
- The course will include regular assignments and a formal examination to be completed by students.

Upon successful completion of all compulsory elements, including coursework, assignments and examinations, students are eligible to graduate with the IOC Diploma in Mental Health in Elite Sport.

Timeline - Graduating Class of 2021

September 1, 2020: Course begins July 2021: Written examination Autumn 2021: Graduation

The scholarship by Olympic Solidarity is meant to specifically cover the registration fees for candidate/ student accepted in the course. All other costs will need to be covered by the candidate/ student. For availing scholarship, we request the National Sports Federations (NSF) to send nomination of a maximum of one eligible sports psychologist.

The criteria for eligible candidates:

- Hold undergraduate degree in Sports Psychology from recognised university/ institution;
- Is licensed/ registered under concerned regulatory authority to practice profession;
- Have a good understanding of English (submit language proficiency score, if required);
- Be young/ in early career;
- Experience of working with National Olympic Committee, national athletes/ teams; and
- Be able to cover expenses not covered under OS Scholarship.

The nomination of NSF for scholarship, CV of the candidate, and proof of applying for admission should be received at the IOA not later than 9 am on **21 July 2020**. The NOC/ IOA would propose one meritorious candidate for the course.

We look forward to prospective nominations for the advancement of sports medicine and athletes welfare in India.

Sincerely,

Rajeev Mehta

Secretary General